



The
Zahra^(s)
Foundation

ANNUAL REPORT

RAMADAN 2021 - RAMADAN 2022

A YEAR OF ACCOMPLISHMENTS

CHARITY REG NO: 73174 6681 RR0001

| WWW.ZAHRAFOUNDATION.CA



**CANADIAN REGISTERED
CHARITY (73174 6681 RR0001)**

OUR MISSION VISION & VALUES

OUR VISION

A world where everyone has access to the basic necessities in life, living self-sufficiently with spiritual development.

OUR VALUES

Inspired by the Holy Household (a.s), The Zahra Foundation aims to assist people in the practices taught by them with the principles of our faith.

OUR MISSION

The Zahra Foundation's mission is to aid those suffering from war, poverty and famine, by providing basic philanthropic needs, enabling them to survive and making them self-sustainable so that they will no longer require aid.

Since it was established in 2020, The Zahra Foundation has provided thousands of people across the world with relief and development aid.

Driven by the virtues of Islam and inspired by the Holy Household (a.s), we aim to alleviate suffering, poverty and disadvantage as a result of conflict, natural disaster and discrimination.

Our aim is to provide aid that is impactful, making individuals and communities self-sufficient so that they are no longer required to rely on aid and assistance.

Our expert teams are on the ground across our areas of operation all year round and we are poised to swiftly respond to those that are in urgent need.

A MESSAGE FROM THE TEAM

As the year 2021 ended and we now begin 2022, we remain hopeful that the situation across the world will improve. 2021 was a year that was once again marred by the deadly COVID-19 pandemic which continued to tear across the world leaving destruction in its wake whilst new variants circulated among populations at unprecedented speeds.

As developed nations continued to struggle to cope with these extraordinary events as they unfolded, the developing world was brought to its knees. We have witnessed economies collapse, unemployment rates rise, the health care sector stretched beyond its capacity and families left struggling to support themselves throughout this pandemic. The damaging effects of the pandemic have not been felt as hard for us as they have by the people within our areas of operation, who are already experiencing critical levels of chronic and acute poverty. Their experience has been further entrenchment into the despairing cycle of poverty and suffering all that comes with it.

We have been closely following events as they unfold within our areas of operation with great concern as the need for humanitarian assistance has become critical and is now often the difference between life and death for many. Figures from Yemen have been alarming for some time and continue to concern us greatly as we respond where the need is the greatest in order to achieve the highest possible impact. Recent turmoil in Afghanistan has led to an upshoot in reliance on humanitarian assistance which our team mobilised to address and continues to respond to as the number of families in need rises by the hour.

In early 2022, we lost a core member of The Zahra Foundation global family, our brother Fazal Asgherali Virani. Fazal was a pillar of The Zahra Trust UK team. He dedicated his life to serving others and rallying communities across the world to empathise with the poverty and suffering that exists on such a wide scale. Fazal is immortalised by his work, with every soul he touched with his kindness and generosity as well as his tireless efforts to make the world a better place for generations to come. He will be deeply missed, and his absence felt for many years to come but we will endeavour to emulate his spirit and passion for humanitarian and developmental aid and continue the work he did with us in his memory.

We would like to take this opportunity to sincerely thank all those who supported The Zahra Foundation this year and beyond. From humble beginnings, we have grown exponentially over the last few years and helped so many more people in need than ever before. This would not have been possible without you, and so on behalf of our teams and our beneficiaries across the globe-thank you!

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EMERGENCY AID

Whether by way of conflict, natural disaster, economic instability or any other adverse incidents, humanitarian emergencies are devastating and have the potential to irrevocably destroy the lives of families and entire communities. For some, this means losing the stability of having a home, food, running water, a regular income and the lives of loved ones. For others, it takes them from chronic poverty and suffering to complete destitution and despair. This change in circumstance comes swiftly, without warning and takes only a matter of moments.

The Zahra Foundation is poised to respond efficiently and effectively to emergency humanitarian situations as they unfold across our areas of operation. Throughout the last year, we responded to several emergencies as they took place, monitoring the situation closely through our local networks, assessed the need and ensured that those most in need were able to access critical and urgently required assistance.





1 in 28 people worldwide are in need of life-saving assistance, and there are over 84 million people displaced from their homes. UNOCHA 2022



In 2022, 274 million people will need humanitarian assistance and protection. This number is a significant increase from 235 million people a year ago, which was already the highest figure in decades. UNOCHA 2022



An estimated 235 million people - one in 33 people worldwide - required life-saving aid in 2021. UNOCHA 2022



The COVID-19 pandemic could increase global poverty by as much as half a billion people, or 8% of the total human population. UN 2021



There were 122 women aged 25 to 34 living in poverty for every 100 men of the same age group, and more than 160 million children were at risk of continuing to live in extreme poverty by 2030. UN 2021



The COVID-19 pandemic ravaged economies and put a strain on the resources of entire nations across the world. In springtime, a wave of a new variant of the virus ripped through India with an unprecedented mortality rate. Hospitals struggled to cope with the strain this put on the medical system and resources were critically low, meaning that many were unable to receive life-saving treatment for the respiratory illness.

Consulting the Ministry of Health in India, which issued a list of vital equipment required to treat people within hospitals, The Zahra Foundation was able to help quickly procure, transport and distribute:



This equipment ensured that thousands of patients were able to be treated for a lack in oxygen as a result of the virus affecting their lungs.

Afghanistan has been impacted by decades of conflict, instability and natural disasters. In 2021, the situation deteriorated drastically as further political instability led to displacement, fear of violence, loss of income, access to education and subsequently further entrenchment into the cycle of chronic poverty with no certainty of what the future will bring. The Zahra Foundation's global partners have worked in Afghanistan for over a decade and thus we were able to closely monitor the situation, conduct rapid needs assessments and provide what was most needed in some of the most remote and hard to reach areas where aid work is difficult to conduct.

Our assessment found that food, water and shelter were most needed and subsequently, our team on the ground took action, providing one month staple food parcels to families in need as well as water bottles and heating supplies. Following the devastating attack in Kunduz, Afghanistan in October, our team provided aid to victims and their families based on our needs assessment. Our team also helped to settle displaced families in shelters and newly built homes to protect them from the elements. We continue to monitor the situation on the ground and act to meet the needs of disadvantaged communities in Afghanistan as instability continues.



In response to a spate of deadly attacks on mosque congregations in Afghanistan and Pakistan during Friday prayers, The Zahra Foundation team attended the scene immediately in each case to provide urgent support for the victims and their families in the form of humanitarian aid as well as to support with the provision of security features to provide protection for congregation members.



Astonishing figures from the ground give us some understanding of how grave the humanitarian situation is in Yemen, however the reality is far more harrowing. The humanitarian crisis in Yemen is one of the largest in the world with 21 million people in need in what the UN has described as “a living hell for children”. The ongoing conflict has exacerbated already dire levels of poverty and the scale of suffering is critically high.

The Zahra Foundation has been on the ground in Yemen since its conception, providing essential emergency aid as well as providing long-term solutions to ongoing needs such as water.

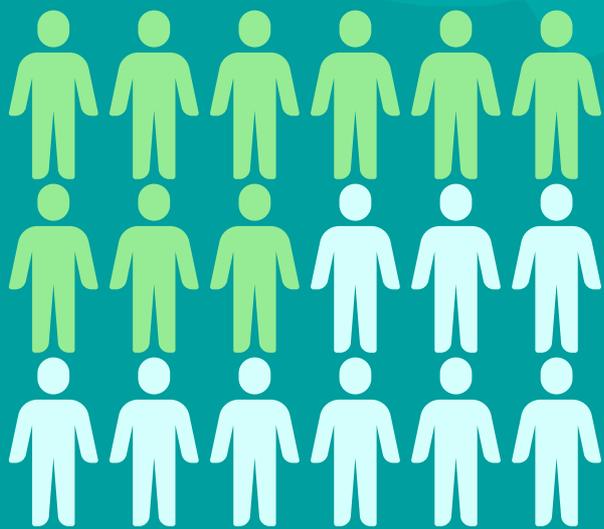
For instance, we helped establish a water filtration systems in Yemen, providing access to thousands of people in need of clean, safe drinking water.

We also facilitated access to food aid as part of our humanitarian intervention to address chronic poverty.

THE CRISIS IN YEMEN

POPULATION

23.8 MILLION



50% LIVE BELOW THE POVERTY LINE



NEED HUMANITARIAN ASSISTANCE

10 MILLION PEOPLE ARE FOOD INSECURE



Going forward, we aim to provide suitable housing to families with inadequate shelter in order to protect them from the elements and ensure their safety and stability. Our housing solutions for families affected by displacement always empower the families in addition to providing them with safe shelter. The Zahra Foundation ensures that once construction is complete, the deeds of the property are given over to the family so that they can feel secure.



WATER & SANITATION

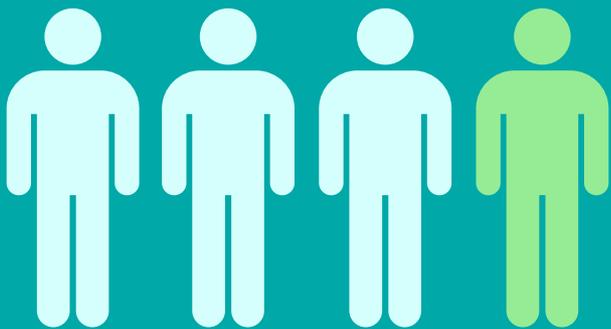
Without water, life simply cannot exist yet when people only have access to contaminated water and lack access to basic hygiene and sanitation facilities, it is deadly. Across the developing world, access to clean water and sanitation facilities is scarce as a staggering 771 million people lack access to clean water close to their homes and 1.7 billion do not have access to toilet facilities.

Lacking access to such basic yet vital necessities has a catastrophic impact on societies, as statistics show that this leads to widespread disease and illness, impacts school attendance rates and can lead to chronic health conditions as well as blindness and death.





Simply providing access to clean, safe water sources as well as hygiene and sanitation facilities has the power to alleviate suffering and prevent unnecessary deaths as a result of contaminated water and disease. The Zahra Foundation provides long-term solutions to water poverty often to isolated communities in areas that are difficult to reach where other NGOs have difficulty operating.



2 billion people
around the world lack
safe drinking water.

WHO/UNICEF 2021

In Yemen, where people have access to only 140 cubic m³/year (101 gallons per day) for all uses, while the Middle Eastern average is 1000 m³/year, we supported the installation of five water filtration plants, providing access to thousands of people in need. Each plant produces 144,000 litres per day; enough to provide 313 people with the same amount of water as their counterparts across the Middle East. In total, across the year, this provides a sustainable water source to over half a million people in need.

1 water
filtration plant



Produces 144,000
litres per day



Provides 313 people
with enough water





In addition, The Zahra Foundation installed almost 50 wells across Pakistan and 20 hand pumps that supply around 4,000 people on average with clean, fresh drinking water within their communities.

IN 2021:

The Zahra Foundation provided long-term, sustainable solutions to water poverty for thousands in need.

The Zahra Foundation helped support the distribution thousands of water bottles across its areas of operation throughout the summer months.

The Zahra Foundation installed over 60 water wells and hand pump solutions.

In 2022, we plan to undertake even more water projects to provide more sustainable long-term solutions targeting areas with water insecurity.

FOOD AID

There is more than enough food for no person on earth to go hungry, yet nearly one third of the world does not have enough to eat.

Food insecurity is a major issue that affects millions of people across the world every day leading to malnourishment, undernourishment, stunting and wasting.



Moderate or severe food insecurity affects more than 30 percent of the world population.

FAO 2021





Access to nutritious food is a right that is unfortunately a luxury for a disproportionate number of families across the world. Millions of parents each day grapple with decisions they should never be forced to consider, let alone make, including whether to feed their children or purchase other necessary items or avoiding eating so that they have enough to feed their families. In some more grave cases, families do not have enough food to eat at all and during the month of Ramadan, they do not have enough food to break their fast.





At The Zahra Foundation, we envision a world without hunger in which families - in particular children - are not deprived of access to basic necessities that are afforded to so many others such as food. Over the last year, our food aid projects reached families in [Yemen](#), [India](#), [Pakistan](#), [Iraq](#), [Tanzania](#), [Kenya](#) and [Afghanistan](#).

Throughout the year, we continued to provide thousands of meals to some of the world's most impoverished families, in the form of:

One month food parcels:

These packages contain nourishing food to sustain a family of around six members for up to one month. We source staple items of the local diet of families and distribute them to ease the burden of parents struggling to feed their households.

Hot meals:

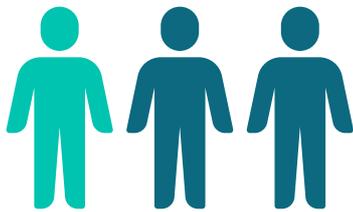
We provide hot, nourishing meals in local spaces such as mosques and community centres all year round but especially during the months of Ramadan, Dhul Hijjah and Muharram.

Qurbani Meat:

During Eid Ul Adha, as well as throughout the year, The Zahra Trust ensures that meat - a luxury for most people experiencing poverty - receive locally sourced, freshly slaughtered meat from a diverse range of sources. We ensure that the livestock is healthy, slaughtered correctly and packed and distributed to those most in need.

Bread:

We work with local bakeries to ensure that families receive fresh bread as part of a healthy and balanced diet.



Beyond hunger, nearly one in three people did not have access to adequate food in 2020.

2 billion people globally face moderate to severe levels of food insecurity.

Stunting affected an estimated 149.2 million children under 5 globally in 2020.

Healthy diets are out of reach for 3 billion people.

Between 720 to 811 million people in the world faced hunger in 2020.

Today about 200 million children's lives are at risk because they are malnourished.



As part of a global team, in our food aid initiatives alone, in 2021 across our areas of operation we helped achieve:

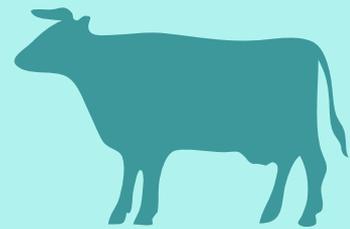
Distribution of over **60,000** one-month staple food packs to families in need



Distribution of over **250,000** pieces of bread

The slaughter of over

3,500

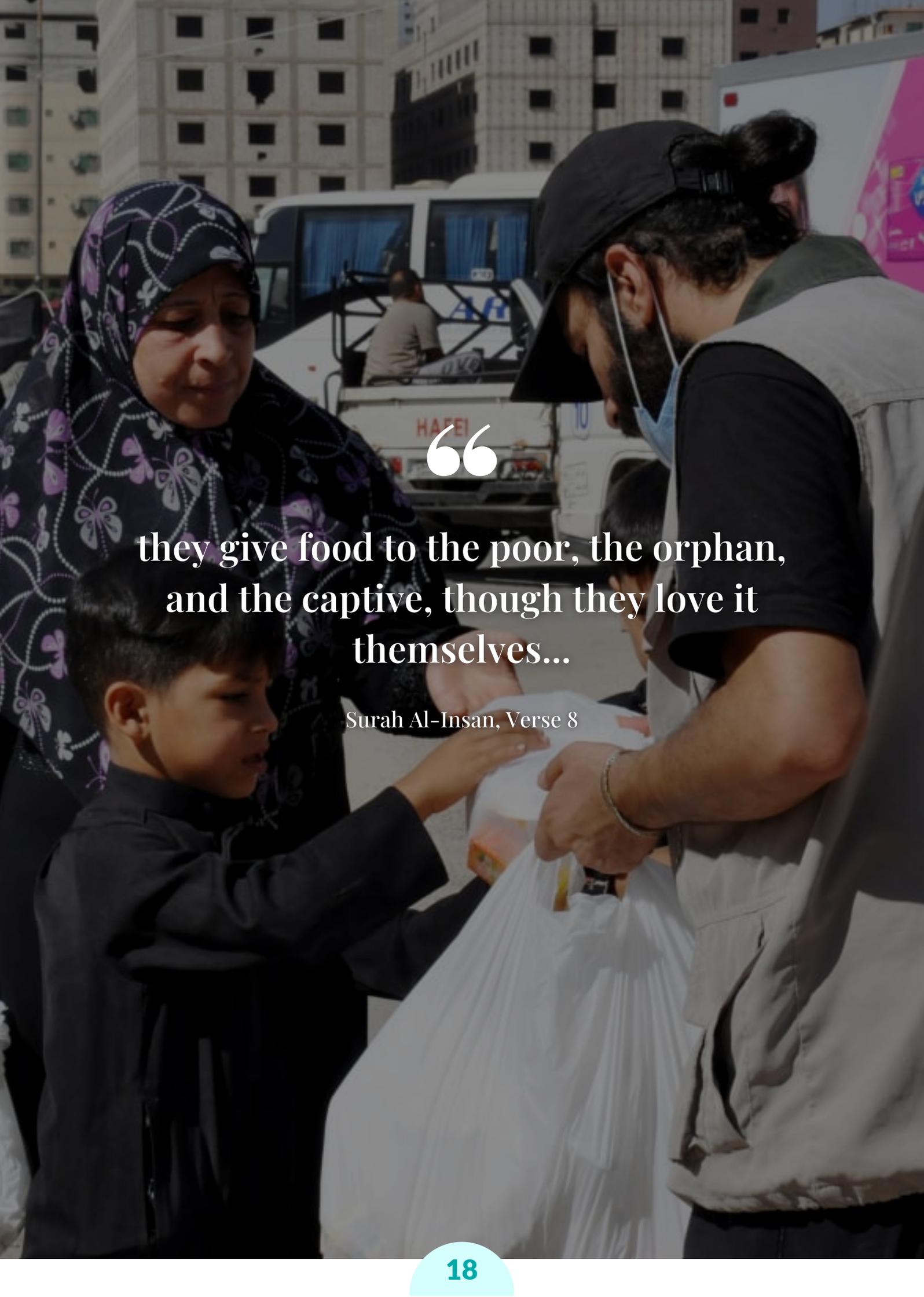


livestock for meat distributions

Feeding well over **800,000** individuals



Distribution of over **355,000** meals



“

they give food to the poor, the orphan,
and the captive, though they love it
themselves...

Surah Al-Insan, Verse 8

OUR AREAS OF OPERATION AT A GLANCE

Iraq:

- There are around five million orphans in Iraq, which amounts to five per cent of the total number of orphans worldwide. *UNICEF 2021*
- 1.2 million Iraqis are displaced by conflict. *WFP 2021*
- 2.4 million people are in acute need of food and livelihood assistance. *WFP 2021*

Yemen

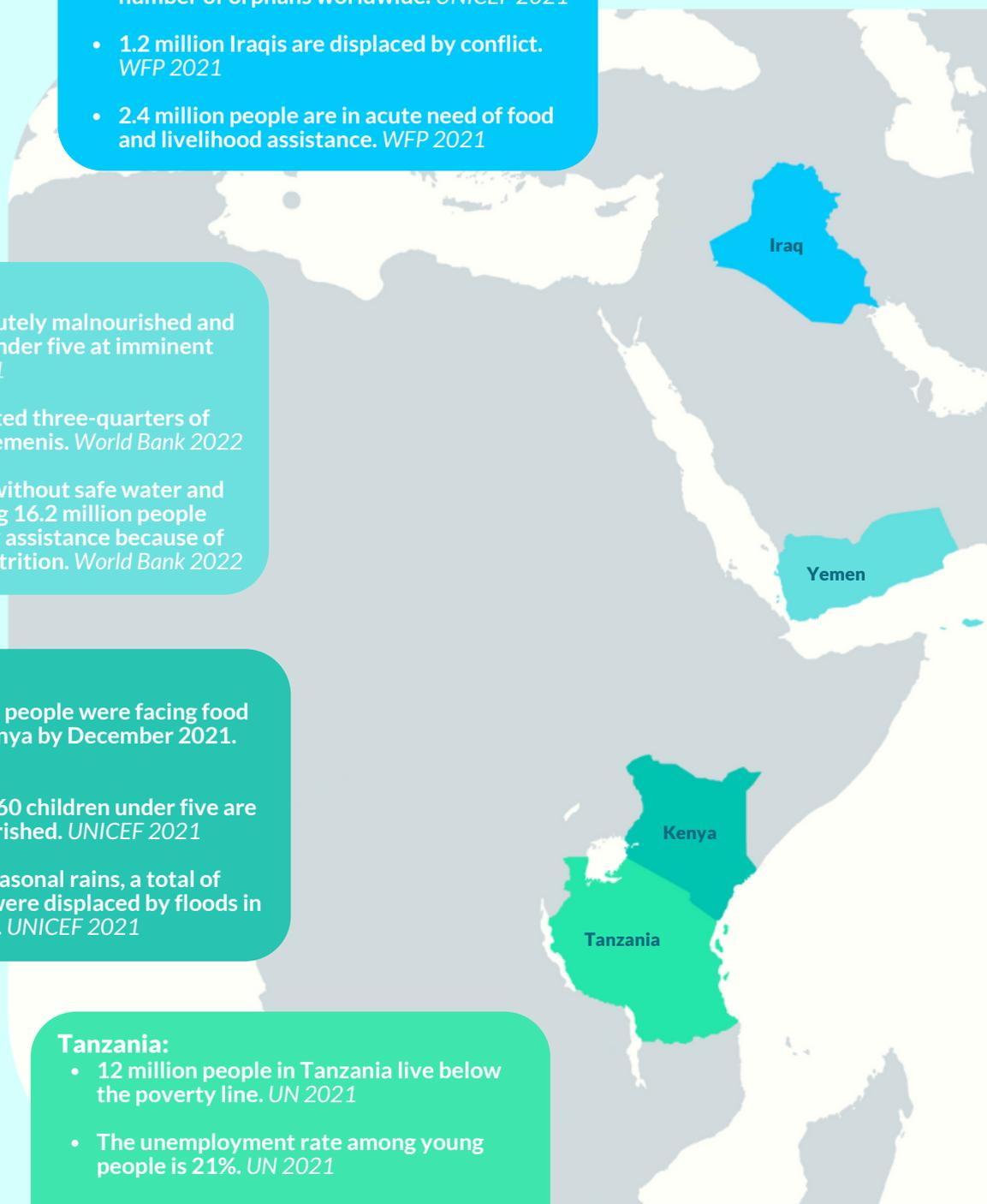
- 2.3 million children are acutely malnourished and nearly 400,000 children under five at imminent risk of death. *UNICEF 2021*
- Poverty affects an estimated three-quarters of Yemen—71% to 78% of Yemenis. *World Bank 2022*
- 20.5 million Yemenis are without safe water and sanitation and a staggering 16.2 million people require urgent emergency assistance because of food insecurity and malnutrition. *World Bank 2022*

Kenya:

- Over 2.8 million people were facing food insecurity in Kenya by December 2021. *UNICEF 2021*
- A total of 652,960 children under five are acutely malnourished. *UNICEF 2021*
- Due to heavy seasonal rains, a total of 55,002 people were displaced by floods in Western Kenya. *UNICEF 2021*

Tanzania:

- 12 million people in Tanzania live below the poverty line. *UN 2021*
- The unemployment rate among young people is 21%. *UN 2021*
- 289,379 refugees and asylum seekers in Tanzania are in need. *UNICEF 2020*



Afghanistan:

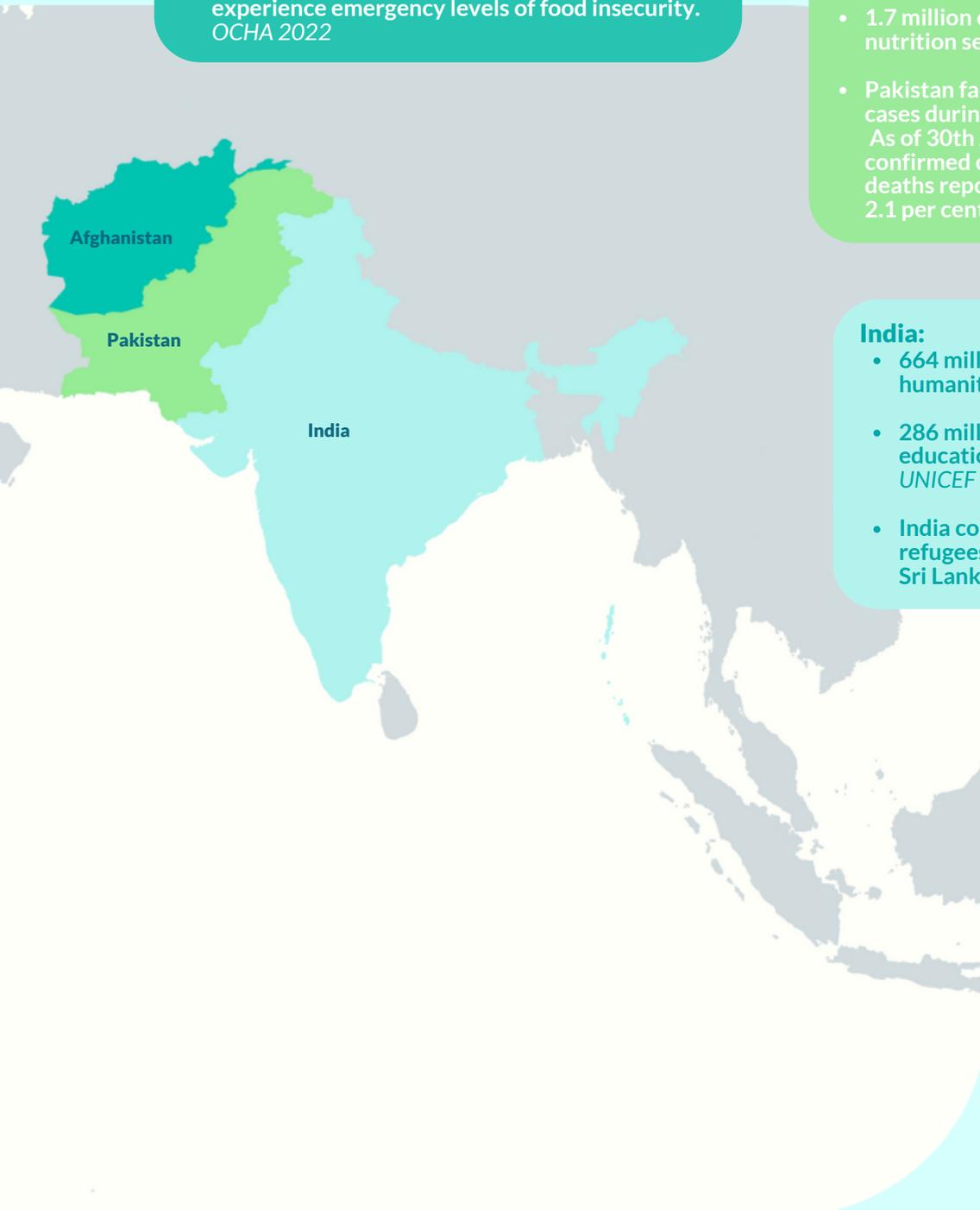
- 97% of Afghans could plunge into poverty by mid-2022. *UNDP 2021*
- A projected 24.4 million people will require aid in 2022, up from 18.4 million people at the start of 2021. *OCHA 2022*
- A staggering 23 million people, or 55% of the population, are expected to be in crisis or experience emergency levels of food insecurity. *OCHA 2022*

Pakistan:

- 5.5 million children in need of humanitarian assistance. *UNICEF 2021*
- 1.7 million children and women require nutrition services. *UNICEF 2021*
- Pakistan faced the third wave of COVID-19 cases during the first half of the year. As of 30th June, there have been 958,408 confirmed coronavirus cases and 22,321 deaths reported with a positivity rate of 2.1 per cent in the country. *UNICEF 2021*

India:

- 664 million people in need of humanitarian assistance. *UNICEF 2021*
- 286 million children require access to education and continuity of learning. *UNICEF 2021*
- India continues to host about 212,874 refugees and asylum-seekers including Sri Lankan refugees. *UNHCR 2021*



CASE STUDY

Meet baby Mahdi

Syed Mahdi Tabetabaei from Iraq is a baby whose chances of seeing his second birthday were slim to none. He has a rare, degenerative condition called SMA type 1, which requires only one dose of medication to treat it; however, the medication required is the most expensive medication in the world at a staggering \$2 million.

As would be the case for most families, they could not afford the cost of this life-saving treatment for their child and were in need of assistance to raise the funds. With a race against time, The Zahra Foundation, with the help of a dedicated volunteer and our team in Iraq, The Zahra Foundation were able to support efforts to raise the remainder of the funds for the treatment.

Baby Mahdi has now received the treatment and is receiving physiotherapy to begin the process of using his muscles to walk, run and play. Our team in Iraq is monitoring his progress closely and he is now on track to live a normal and healthy life.



EDUCATION & TRAINING

The power of education cannot be understated; it is an incredibly powerful tool in the fight against poverty. It empowers individuals and communities to break the cycle of poverty, develops societies and paves the way for access to the job market which subsequently boosts economies and develops nations. Figures also reveal the profound impact educating children and adults has on families and societies.

At The Zahra Foundation, we recognise the great need for education for children and adults that lack adequate access to facilities for learning and training. For this reason, since its inception, education projects have been implemented by The Zahra Foundation, aimed at providing quality education for those in need.





Throughout the year, we continued to provide holistic support for over 300 orphans and vulnerable children in Iraq. This included the provision of housing, tuition classes and spiritual education in the form of majalis and tabligh classes, covering tafsir, fiqh, akhlaq and Tariq for the children and their mothers. In order to provide social relief, The Zahra Foundation also arranges regular fun days and activities for the children and takes them on field trips and ziyarah.

THE POWER OF EDUCATION:

Children who participate in early childhood development achieve higher education and make more money as adults.

If all students in low-income countries gained basic reading skills, 171 million people could escape poverty.

The likelihood of infant mortality decreases up to 10% for every additional year of schooling a mother receives.

A woman's earning potential goes up 20% for every year of schooling she completes.

Globally, 83% of children complete grade school, but 55% of youth do not finish high school.

Of the nearly 2 billion youth in the world, one-third are not employed, not in school, and not in formal training for work.

Students who graduate college see a 17% increase in earnings, compared with a 7% boost for high school graduates.

If a child's mother can read, they are 50% more likely to live past the age of five, and 2x as likely to attend school.

Over 265 million children are currently out of school – 22% of them are of primary school age.



CANADA INITIATIVES: TZF AT HOME

When considering poverty, we often overlook the deprivation and suffering in developed nations. In Canada, the COVID-19 pandemic has led to widespread suffering due to a loss of income and a rise in the cost of living. For thousands of families who were already on a low income, this has been particularly devastating and has left them struggling to cope to meet their daily needs. This has resulted in food banks seeing a 20% increase in users in 2021 compared to 2019. This shocking increase illustrates that so many families living amongst us are in need of aid and wondering where their next meal will come from.

In 2021, The Zahra Foundation helped respond to this need of these families. The team assembled to address this issue which is impacting families across Canada by supporting 300 people through a food drive during the month of Ramadan in Toronto. This food drive, in partnership with local aid organisations, provided vital food and sanitary supplies to families who otherwise would have struggled to afford them. In 2022, we continued to respond to the food instability by delivering food aid again to the local community. Families which received aid were low-income, single parents or isolated seniors.

This year, The Zahra Foundation will be expanding our local efforts to serve those in need here in Canada.



WINTER AID

Climate change is the single biggest health threat facing humanity, and health professionals worldwide are already responding to the health harms caused by this unfolding crisis. *WHO 2021*

The winter months are bitter and harsh and exacerbate poverty and its effects even in the developed world. For those who already struggle in the developing world with access to basic necessities, not knowing where their next meal or source of clean water will come from, having adequate shelter and heat sources to protect their families from the elements is sometimes impossible.

Across our areas of operation, even countries with typically hot climates experience freezing temperatures during the winter months as well as heavy rains and snow that cause flooding and landslides. This often means that crops and homes are destroyed, further exposing already vulnerable families to the elements and leading to suffering, hunger and death.

The Zahra Foundation provides tailored relief to struggling families across its areas of operation throughout the winter months in response to the need in each respective region.



During the winter months, The Zahra Foundation provided aid to 2,000 families with winter supplies along with its global partners.

In **Afghanistan**, for instance, where temperatures can reach as low as -25°C , there is an urgent need for financial and in-kind support for families to survive the winter months. In addition to the ongoing and emergency aid The Zahra Foundation delivers on the ground, our global teams identified over 100 particularly vulnerable families in dire living conditions and provided them with heaters, coal and wood as a forms of heating and cooking supplies. Furthermore, in partnership with the UNHCR, the UN Refugee Agency, we provided aid to over 180 Afghan refugee families this winter.

Across **Iraq** and other regions of the Middle East, we distributed over 1,800 blankets and heaters to families who would otherwise struggle to gain access to heat sources.



3 billion people rely on wood, coal, charcoal or animal waste for cooking and heating.

UN 2019



Areas with weak health infrastructure - mostly in developing countries - will be the least able to cope without assistance to prepare and respond to climate change.

UN 2019



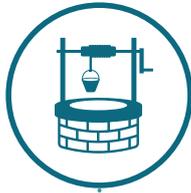
13% of the global population still lacks access to modern electricity.

UN 2019

2021



MAY 2021:
Afghanistan Girls
school explosion



JULY 2021:
Qurbani campaign



OCTOBER 2021:
Baby Mahdi
started treatment

APRIL 2021:
India COVID
emergency appeal



JUNE 2021:
Pakistan
water wells



SEPT 2021:
Arba'een mawkib
470





DEC 2021:
Afghanistan
winter appeal



FEB 2022:
Marhum Fazal
passed away



MARCH 2022:
Ramadan campaign
launch

NOV 2021:
Baby Maryam
started treatment

JANUARY 2022:
Yemen housing
projects

MARCH 2022:
Pakistan mosque
Attack



2022

THE ZUWAAR INITIATIVE

Each year, as millions of pilgrims travel to Iraq to visit the holy shrines, to pay tribute and give salutations and condolences.

Our global partner, The Zahra Trust, hosts the largest English speaking mawkib on the route from the Holy cities of Najaf and Karbala at pole 470. In addition to being equipped to serve hundreds of thousands of zawar, it also serves as our Orphans and Widows village throughout the year. The Zahra Trust also utilises the site considerably in order to distribute aid and conduct education and training sessions for the orphans and widows as well as the general public.

In 2021, we helped support the distribution of tonnes of fruit, thousands of bottles of water, serves thousands of hot meals and offered places of rest for the zawar as they walked from the Holy cities of Najaf to Karbala during Arbaeen.

These efforts were supported by the hundreds of generous donors and volunteers who contributed to these efforts and lent their support to the mawkeb both in person and in spirit.





Zahra Trust

الزهراء
الخيرية
ZAHRA TRUST
MAWKIB

LOVE OF HUSSAIN
BRINGS US TOGETHER
مِبُّ الْحُسَيْنِ يَجْمَعُنَا

RELIGIOUS DUES & SERVICES

The Zahra Foundation is expertly placed to help you fulfil your religious dues and provide access to religious services.

We have written permission (Ijazah) from the majority of the leading Maraje'; may Allah (swt) grant them a long life.

We ensure that religious dues are taken and distributed to those most in need in accordance with Islamic jurisprudence.

Some of our services include:

Zakat

Khums

Sadaqah

Fidyah & Kaffarah

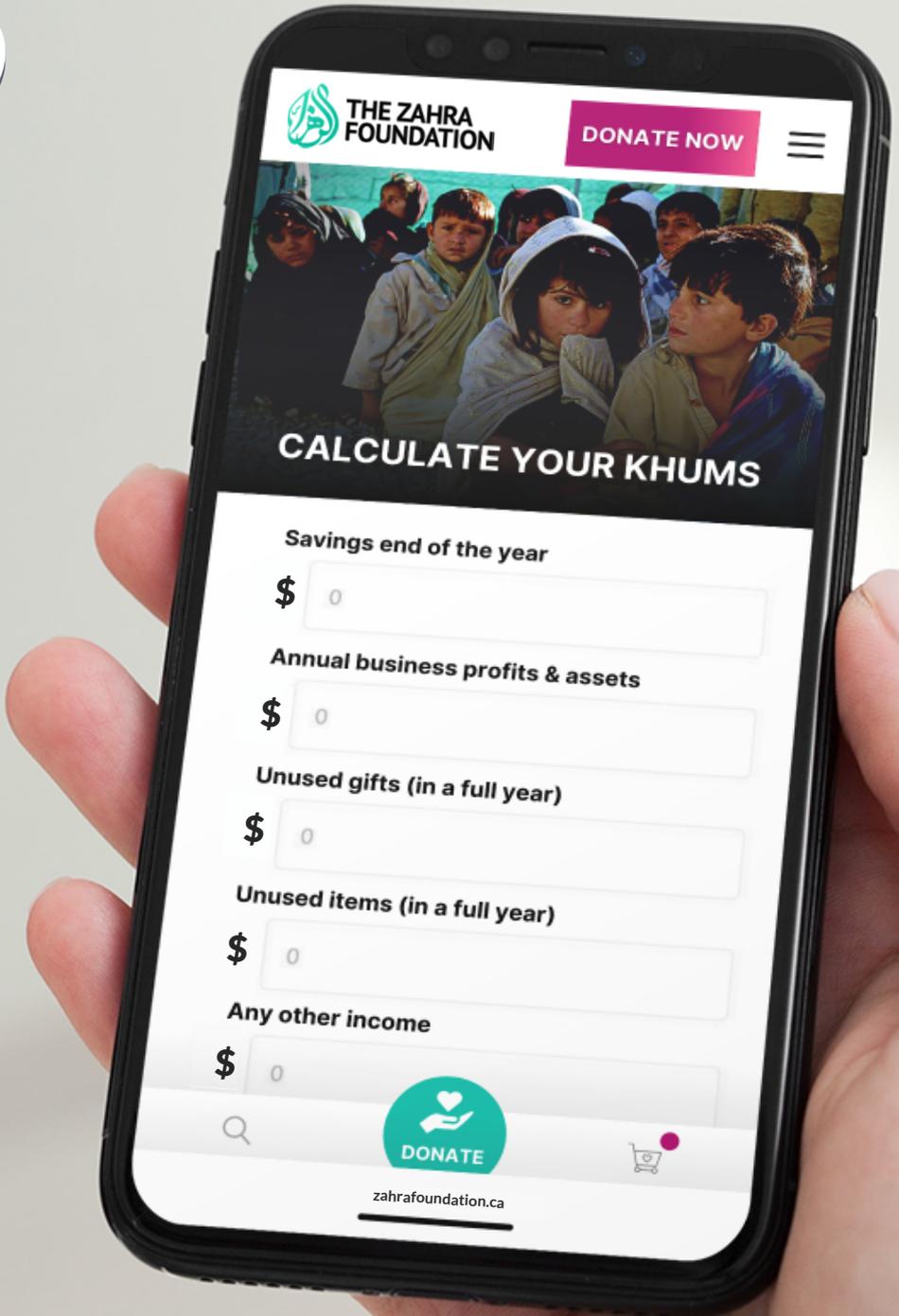
Fitrana

Aqiqah

Qurbani

For more information about our religious dues and services, please contact us at: info@zahrafoundation.ca or visit www.zahrafoundation.ca

Use our Khums Calculator!



BECOME A SUPPORTER

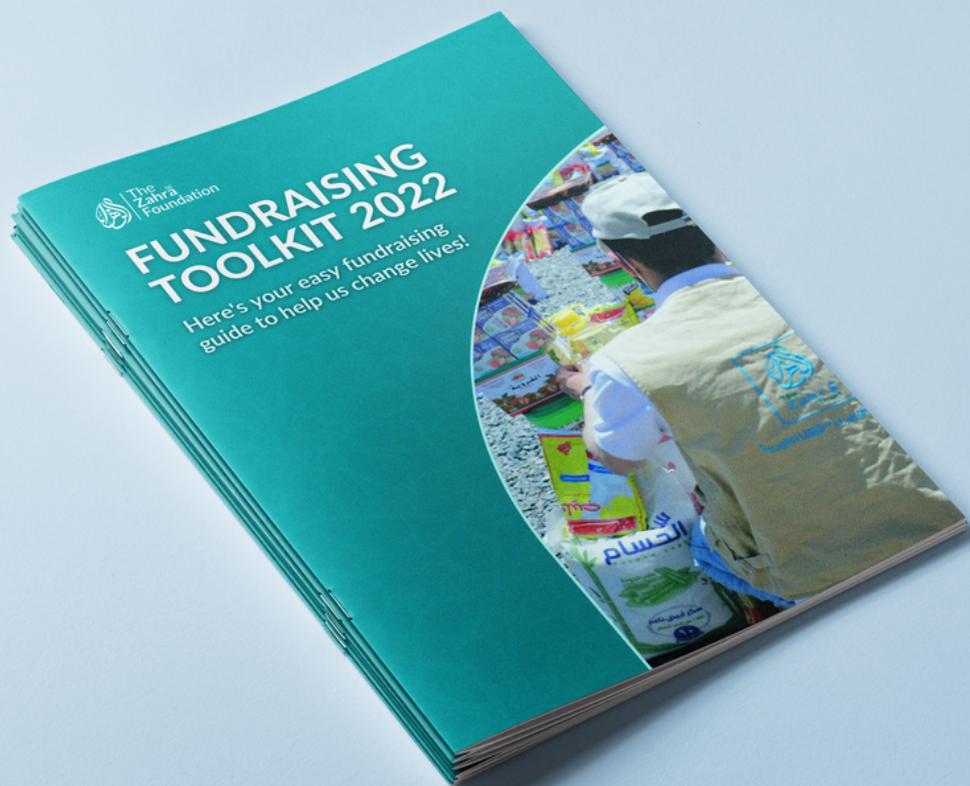
There are so many more ways to support The Zahra Foundation than donating, from volunteering to raising awareness and starting your own fundraiser.

It is a great feeling to rally the support of your friends, family and social media followers to give to give to a cause that is dear to you and at The Zahra Foundation, we have so many causes across continents that are making a difference to families in need every year.

We have compiled a fundraising toolkit to help you put together your own fundraiser for the cause of your choice.

You can also get in touch with our team who can offer you advice and support throughout the process-if you tag us in a social media post, we may also share the post to boost your reach!

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WHY MAKE THE ZAHRA FOUNDATION YOUR CHARITY OF CHOICE?

- With years of experience, and consistent exponential growth of our operations on the ground each year, we are expertly placed to deliver aid internationally on your behalf, facilitating a variety of innovative solutions to poverty and services to those most in need.
- We empower communities through the direct consultation and participation of community leaders and members.
- We employ our own dedicated teams of experts in the field of humanitarian aid across our areas of operation with specialist local knowledge.
- The Zahra Foundation partners are often the only NGOs operating in remote and hard to reach areas which means we are able to benefit underserved, isolated and marginalised communities.
- We fed more people than ever between 2021-2022 and we continue to expand our food programme each year to reach more, addressing the issues of food insecurity and malnutrition.
- We employ sustainable and holistic solutions to chronic poverty in order to prevent the need for ongoing or emergency aid.
- We are highly adaptable to the constantly changing environments of our areas of operation and the world, which is why we are able to swiftly respond to changing needs.
- Through our local teams, we are poised to respond to crises as they unfold.
- Our programmes are developed and applied with the context of each area and culture in mind.
- We are able to identify where aid is most needed as well as beneficiaries that are most in need through the application of effective needs assessment processes.





CONTACT US



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info@zahrafoundation.ca

SUPPORT US



thezahrafoundation

WAYS TO DONATE



www.zahrafoundation.ca/donate



E-transfer to accounts@zahrafoundation.ca



Bank Transfer:

Account name: The Zahra Foundation

Bank name: TD Canada Trust

Transit Number: 10582

Institution Number: 004

Account number: 5009362

Branch address: TD Canada Trust, 386 Tower Hill Rd, Richmond Hill,
ON L4E 0T8



“

Worship none but Allah. treat with kindness your parents and kindred, and orphans and those in need; speak fair to the people; be steadfast in prayer; and practice regular charity.

Surah Al-Baqarah, Verse 83

